

## **BEFORE INTRAVENOUS SEDATION**

- You may have nothing to either eat nor drink for 6 (six) hours prior to your appointment.
- Do not smoke for at least 12 hours before the planned surgery.
- A responsible adult must accompany the patient to the office, remain in the office during the procedure, and drive or accompany the patient home.
- The patient should not drive a vehicle nor operate any machinery for 24 hours following the anesthesia experience.
- Wear comfortable, loose fitting clothing to include long pants and short sleeve shirt. Do not wear flip-flops.
- If you have an illness such as a cold, or sore throat, please notify the office.
- You may take prescribed medications with a little sip of water.
- Please leave children not having surgery at home.
- Do not wear contact lens, make-up, or facial piercings.
- Get a normal night's sleep